

How to Access the Clinic

The patient will have access to our clinic based on a referral from their primary care physician. The transition coach or attending physician will contact the CHF clinic at 304-424-4574 and make the first appointment.

The patient will be evaluated by a nurse practitioner during the first appointment, and an individualized treatment and education plan will be created. The patient will be scheduled regular appointments in the clinic based on their condition. They will also have regular appointments with their primary care physician. With the right attention and treatment, heart failure will not stop a patient from doing the things they enjoy.

If you have any questions regarding the clinic, please call 304-424-4574.



In collaboration with:



Parkersburg Cardiology Associates
1013 Garfield Ave. • Parkersburg, WV 26101

304-424-4574

Managing Congestive Heart Failure



304-424-4574

In collaboration with: 
CAMDEN CLARK
MEDICAL CENTER



What is CHF?

Heart Failure means that the heart's losing its ability to pump enough blood through the body therefore the blood moves through the body at a slower rate increasing the pressure on the heart. When this happens, the heart cannot pump enough oxygen and nutrients to meet the body's needs.

Symptoms

The best known symptom is shortness of breath. In heart failure, this may result from excess fluid in the lungs, making it difficult to breath. Being tired is often another common symptom. As the heart works harder to pump properly, your muscles and other tissues receive less oxygen and nutrition. Without proper fuel, the body cannot perform as usual, and is tired. Swelling of the feet, ankles, legs and occasionally, the abdomen is another symptom of Congestive Heart Failure. Many times, this is accompanied with sudden weight gain.

CCMC's Congestive Heart Failure Treatment Program

CCMC has developed a Comprehensive Congestive Heart Failure Program designed to help patients manage their condition and maintain a healthy lifestyle. It is comprised of a multidisciplinary team, including the Primary care physician, Cardiologist, specialized nursing care, dedicated transition coach and Nutrition experts.

Our program offers both, inpatient and outpatient therapy to our patients suffering from heart disease. Upon admission to CCMC, a patient with heart failure will be seen and followed by a dedicated transition coach. The coach will assure protocols and education is initiated. He/she will assist the patient in managing and optimizing their care. The Coach assures the patient has the appropriate follow up in our Congestive Heart Failure clinic after discharge and arranges for any other post discharge needs such as home health or rehab follow up.

Our CHF Clinic

Camden Clark Medical Center's CHF clinic is an education and treatment program and is designed to control the patient's disease. The patient and their physician are active participants in their treatment plan. We offer testing capabilities that include, EKG's echocardiograms, stress testing and lab testing. The clinic can offer treatment for the patient's disease as needed. The staff will work very closely with the attending physician to keep them fully apprised of the patient's progress. In the clinic, the patient will learn medication compliance, making dietary changes as needed, and make lifestyle changes such as monitoring their weight on a daily basis. The patient will also see their primary care physician regularly so their doctor can make sure they are staying healthy as well.

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